Cavaletto Studios

Chris Cavaletto



Online LIVE Zoom classes

Mondays 9:00am-10:00am Yoga

Wednesdays 9:00am-10:00am Foam Roller class

To join and be added to my email list for the live Zoom classes, send your name and email to chris.cavaletto@yahoo.com to receive the private Zoom links.

Online YouTube Channel

Recorded video content is available on YouTube through *Cavaletto Studios*.

https://www.youtube.com/channel/UCqI4EEyrOyc7TNmd0JYfKNA

"SUBSCRIBE" to the page and "LIKE" each video you watch!!



*This is what the *Cavaletto Studios*YouTube home page looks like.

It is free to subscribe to my YouTube channel and it is more user friendly for recorded content.

I rely 100% on donations for my income, which are welcomed and greatly appreciated through PayPal, Zelle, or check via mail.

This enables me to continue providing you free Zoom and YouTube content.