

Sun City West Yoga Club

DOCUMENT TYPE	POLICY	DOCUMENT ID	008	REVISION	000
ISSUE DATE	01 JAN 2020	EFFECTIVE DATE	01 JAN 2020		
FUNCTIONAL AREA	SAFETY				

CLASS SIZE LIMIT

A. PURPOSE

Define the maximum SCW Yoga Club class size for safe and comfortable operation.

B. SCOPE AND APPLICABILITY

This policy applies to all classes on the SCW Yoga Club schedule

C. ASSOCIATED DOCUMENTS AND REFERENCES

None.

D. DEFINITIONS

TERM	DEFINITION
Safety	A condition where an individual, or group of individuals, is as free from risk of injury as reasonably possible through the practice of prudent care and discipline during the use of the SCW Yoga Studio.
Well-Being	From <i>Dictionary.com</i> : “A good or satisfactory condition of existence; a state characterized by health, happiness, and prosperity; welfare.”
Comfort	From <i>Dictionary.com</i> : “To make physically comfortable.”
Comfortable	From <i>Dictionary.com</i> : “Being in a state of physical or mental comfort; contented and undisturbed; at ease.”
Safe Class Size	<p>The number of practitioners allowed in a SCW Yoga Club class. This number is determined and set by the SCW Yoga Club Board to establish a safe environment where participants can be easily seen by the instructor to help ensure safe yoga practice.</p> <p>The safe class size will also help ensure ease of access by emergency medical personnel in case of emergency.</p> <p>The safe class size will help facilitate the quick evacuation of the yoga studio when necessary.</p>
Comfortable Class Size	<p>The yoga studio was, in part, justified on the premise that prior SCW venues forced participants to literally be elbow-to-elbow during a class. This was an unsafe and uncomfortable condition not conducive to a beneficial yoga practice.</p> <p>The SCW Yoga Club Yoga Studio is of sufficient size to allow a safe and comfortable practice at the Safe Class Size limit defined above.</p>

SUPERSEDES DOCUMENT ID	N/A	SUPERSEDED BY DOCUMENT ID	N/A
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E. DESCRIPTION

The Safe Class Size / Comfortable Class Size is set at forty (40) participants. This number of people will facilitate a safe and comfortable class as defined above.

F. ENFORCEMENT

The Safe Class Size / Comfortable Class Size will be enforced by capping the registered attendees, using the class sign-in sheet(s), at 40. Monitors will be required to notify person(s) when the limit is reached.

G. EXCEPTIONS

The Safe Class Size / Comfortable Class Size limit may be temporarily raised only by unanimous agreement of the SCW Yoga Club Board for a specific event, as long as the principles defined above in the definition of Safe Class Size are not violated for the duration of said event.

H. CHANGE HISTORY

VERSION	CHANGE
001	New

I. APPROVALS

ROLE	NAME
President	Jack Leary
Vice President	Vikki Erla
Treasurer	Vicky Frank
Secretary	Ann Johnson

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