

SCW YOGA CLUB MINUTES

General Membership Meeting
March 15, 2025

Present: Sherry Gustafson, President
Rickey Murrell, Vice President
Mary Casselman, Treasurer Debbie Wenz, Secretary
Debbie Randle, Member at Large

Members Present: 56

Call to Order: 12:30 PM

Discussion Topics:

Welcome and Introduction:

Introduction of board members and new members in 2025 and last couple of months of 2024, please stand.

Approval of 12.7.24 Minutes:

Motion made by Norma Linse and 2nd by Sally Erickson. Approval by members unanimous.

Treasurer's Report: Mary Casselman

As of February 28, 2025, we have a bank balance of \$35,469.58.
We gained 153 new members since January 1, 2025 and now 609 members. We had a total of 1841 participants in February. 1716 were members and 125 visitors.

Mary also reported that our club has a 70% usage from our Club Trak via Rec Center. This is a GREAT number!

Introduction of Instructors:

The club has 10 instructors; 8 regular instructors and 2 substitutes. All of the clubs' instructors are certified in the practice they teach. The biographies of each can be found on our website.

Today in attendance at our meeting are:

Chris Cavaletto
Charlie Gill

Evon Rubenstein
Peaches Sloan
Emily Slonina
Leann Thrapp

All instructors gave a brief description of their classes they teach and an introduction of themselves

Board Initiatives:

In 2024, the Board had set initiatives for itself and reported on them at the 2024 General Membership Meeting. Likewise the Board has set initiatives for 2025. The initiatives are goals. They may or may not be accomplished depending on many factors including timing and feasibility. As we go through the year, we may have additional initiatives. The board will report progress along the way with a look back at our accomplishments at the GMM in November.

1. Automate check in process and class fee purchase.
2. Evening and weekend classes for those who are still working. We are in the process of interviewing 2 new instructors. One of which will be teaching night and weekend classes and the other a substitute
3. Yoga in the Park. We will be having our first session of this on April 3 and November 13 for a second session. Depending upon how this first session goes, we might consider opening to all of SCW residents as well as members.
4. Review Club Bylaws. Every year the Chartered Clubs have the responsibility to review their bylaws and policies to be certain that they are in alignment with the Rec Center Chartered Club Bylaws and the club's own practices. The Board will be reviewing the current bylaws and policies of the yoga club. If there are any changes, they will be submitted to the membership by electronic vote. Members will have a chance to review any changes/updates and make comments at least 30 days in advance of a vote.
5. This is an election year for the President and Secretary Board positions. Anticipate mid year that we will be seeking candidates for these positions. Both of these positions will serve a 2 year term in 2026 and 2027.
6. SCW Yoga Club 30th Anniversary. Yoga Studio Open House for SCW community. Date TBD

7. Members 30th Anniversary Party-November 1, 2025. It's a party and time to celebrate the club's 30 years! Plan to attend-surprises in store for you. It will be at Palm Ridge Summit Hall.

a. We are hoping to honor past officers

b. We will have food. Question of how to have members pay if they are gone, if there is a charge for the food?

Discussion and Conversation:

1. Possibility of paper name tags for members to put on their mats? This will help other members with each others' names as well as instructors.
2. Yoga Tee shirts available to members?
3. First Aid Kit available in the club?
4. Board Members now have name tags to help identify them.

Closing Remarks and Adjournment:

Move to adjourn by Linda O'Donnell and seconded by Lynn Holly.
Members voted unanimously.

Meeting adjourned at 1:30 PM.

Next General Meeting on November 1, 2025.

Respectfully submitted,

Debbie Wenz
Secretary