

# Sun City West Yoga Club

<b>DOCUMENT TYPE</b>	POLICY	<b>DOCUMENT ID</b>	002	<b>REVISION</b>	000
<b>ISSUE DATE</b>	01 JAN 2020	<b>EFFECTIVE DATE</b>	01 JAN 2020		
<b>FUNCTIONAL AREA</b>	INSTRUCTORS				

## HIRING QUALIFIED INSTRUCTORS

### A. PURPOSE

Describe the types and qualifications of instructors contracted by the SCW Yoga Club

### B. SCOPE AND APPLICABILITY

All instructors contracted to teach classes or workshops for the SCW Yoga Club shall have relevant, current certifications, appropriate experience, and professional insurance.

### C. ASSOCIATED DOCUMENTS AND REFERENCES

Recreation Centers of Sun City West (RCSCW) contract form CR-8 or CR-8A.

SCW Yoga Club Policy - 003 - Classes Will Be Taught Only by Qualified Instructors

### D. DEFINITIONS

TERM	DEFINITION
Appropriate experience	Experience teaching yoga to age 55+ men and women, who may have specific health and mobility challenges
Qualified	Qualifications to conduct and teach yoga and yoga-related classes for the SCW Yoga Club as identified by an individual's curriculum vitae
Certified, Certification	An endorsement by a recognized yoga or yoga-related organization attesting to the holder's successful completion of a course of training
Professional Insurance	A financial endorsement from an insurance carrier specializing in underwriting the professional activities of yoga and yoga-related instructors. Insurance coverages are specified by the Recreation Centers of Sun City West.

### E. DESCRIPTION

All instructors shall have relevant certification(s) from organizations such as Yoga Alliance or Yoga Fit that attest to their qualification and expertise in teaching yoga. Instructors may also have certificates of completion of specific types of yoga (e.g., first responders, Nidra, Qigong, etc.). Evidence of current certification(s) must be presented to the Club every 12 months.

All instructors are required by the RCSCW to carry professional liability insurance of which evidence must be provided to the Club every 12 months.

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The Club will file instructor evidence with the RCSCW Recreation Activities Manager as it is provided.

### F. ENFORCEMENT

Enforcement will be accomplished by considering and interviewing only those candidates who possess, in the judgment of the SCW Yoga Club Board, the qualifications and experience to conduct safe, beneficial classes to club members.

Additionally, instructors must meet all requirements to be a RCSCW contractor as determined by the office of the Recreation Activities Manager.

### G. EXCEPTIONS

There are no exceptions to this policy.

### H. CHANGE HISTORY

VERSION	CHANGE
001	New

### I. APPROVALS

ROLE	NAME
President	Jack Leary
Vice President	Vikki Erla
Treasurer	Vicky Frank
Secretary	Ann Johnson

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