

**Sun City West Yoga Club  
General Membership Meeting Minutes  
November 1, 2025**

Board Member Present: Sherry Gustafson, President  
Rickey Murrell, Vice President  
Mary Casselman, Treasurer  
Debbie Wenz, Secretary

Members Present: 90 (Quorum)

Call to Order by President Gustafson: 1:15 p.m.

Welcome

President Gustafson introduced current and previous Board Officers and recognition of long time Club members.

Approval of the Minutes from the March 15, 2025 General Membership Meeting  
Motion to approve by Jack Leary; seconded by Marcia Kraft.  
The motion was passed unanimously.

Financial Report: Treasurer Mary Casselman presented the Financial Report.

The Year 2025 Year in Review

President Gustafson presented the Board activities and achievements:

- PWR!Moves Class
- Living Well Movement Class
- Yoga in the Park
- Summer Yoga Nidra
- Member/SCW Community Survey
- After Work Hour Classes - Hatha Yoga
- New Instructors - Pam Brown and Heike Newman
- 4 Class Pass Card for Prospective Trying Classes

Guest Speaker: SCW Rec Center General Manager, Stephen Erno.

Instructor Recognition

President Gustafson introduced the instructors in attendance and presented gifts of appreciation (key chains)

2026 Board Officers Election

President Gustafson introduced the Nominating Committee members:  
Vicki Baker, Suzy Landis and Mella Harmon

President Gustafson introduced self-nominated candidates:  
Mary Casselman, President and Debbie Wenz, Secretary

President Gustafson opened the floor to nominations. None were made.

President Gustafson called for a motion to accept the slate of candidates:  
Mary Casselman, President and Debbie Wenz, Secretary  
Motion to accept the nominees presented made by Jack Leary  
and seconded by Lynn Holly.  
The motion was passed unanimously.

President Gustafson called for discussion on the motion. None was offered.

Since there is a required quorum President Gustafson asked for a voice vote on each of the candidates. Each candidate was approved unanimously. Mary Casselman will serve as President for a two year term (2026-2027) and Debbie Wenz will serve as Secretary for a two year term (2026-2027).

President Gustafson explained that Mary Casselman will resign her Treasurer position effective 12/31/25. A candidate will be appointed by the Board to serve out the second year (2026) of her current term as Treasurer.

Upcoming events:

Membership Drive - November 1, 2025 thru January 31, 2026

Yoga in the Park - November 8, 2025

Crystal Bowls and Gong Meditation Workshop - December 13, 2025

The next General Membership Meeting will be on Saturday, March 7, 2026 in the Ocotillo Room at Beardsley Rec Center.

Peaches Sloan ended the meeting with a Singing Bowl experience.

Call for Adjournment. Motion to adjourn by Jack Leary, Seconded by Norma Linse.

Respectfully submitted,

Debbie Wenz  
Secretary  
November 10, 2025